

### **★** SIGNATURE DRINKS

# **VEGGIE JUICES**

#### ★ GREEN GRIN

Cucumber, Kale, Celery, Lime S 256kJ M 320kJ L 384kJ

#### SLIM GRIN

Kale, Celery, Apple, Spinach/Chard S 541kJ M 676kJ L 811kJ

### **EASY GREEN**

Celery, Pineapple, Mango, Banana, Apple s 798kJ м 998kJ ⊥1198kJ

### MINTY MIX

Mint, Spinach/Chard, Celery, Apple S 661kJ M 826kJ L 991kJ

#### RED RUSH

Ginger, Lime, Carrot, Beetroot, Celery S 538kJ M 672kJ L 806kJ

### **RUBY GREEN**

Ruby Grapefruit, Carrot, Celery, Beetroot, Ginger S 542kJ M 677kJ L 812kJ

PURPLE POWER
Beetroot, Carrot,
Watermelon
S 656kJ M 820kJ L 984kJ

#### **SUPER VEG**

Carrot, Beetroot,
Parsley, Ginger
S 659kJ M 824kJ L 989kJ

### **CREATE YOUR OWN**

Choice of up to 4 Menu Ingredients

# **FRUIT JUICES**

#### ★ FEEL GOOD

Watermelon, Mango, Strawberry, Passionfruit S 592kJ M 740kJ L 888kJ

### ★ HAPPY JUICE

Rockmelon, Strawberry, Pear s 644kJ M 805kJ L 966kJ

### **BERRIED TREASURE**

Mixed Berries, Watermelon, Orange s 536kJ M 670kJ L 804kJ

### **BERRY DELIGHT**

Strawberry, Cranberry,
Pear, Apple
S 832kJ M 1040kJ L 1248kJ

### **CITRUS MIX**

Orange, Grapefruit, Lemon, Lime s 447kJ M 559kJ L 671kJ

### **EASY TROPICAL**

Pineapple, Mango, Banana, Apple S 992kJ M 1240kJ L 1488kJ

### JUNGLE JUICE

Coconut Water, Banana, Mango M 1078kJ L 1294kJ

### **PEAR FLAIR**

Pear, Pineapple,
Apple, Mint
S 861kJ M 1076kJ L 1291kJ

### **CREATE YOUR OWN**

Choice of up to 4 Menu Ingredients

# **SMOOTHIES**

### **★** HAVANA

Passionfruit, Mango, Banana, Milk, Yoghurt\*, Honey S 1311kJ M 1639kJ L 1967kJ

### ★ SUMMER SET

Strawberry, Mango, Milk, Yoghurt\*, Honey s 1131kJ M 1414kJ L 1697kJ

### **AÇAI MIX**

Açai Berry, Banana, Milk, Yoghurt\*, Honey s 1322kJ M 1653kJ L 1984kJ

### BLUBANA

Blueberry, Banana, Milk, Yoghurt\*, Honey S 1275kJ M 1594kJ L 1913kJ

### PALM

Coconut Water, Banana, Blueberry, Yoghurt\*, Honey M 1187kJ ⊥ 1424kJ

### PARADISE

Mango, Milk, Yoghurt\*, Honey s 1258kJ M 1573kJ L 1888kJ

### TRIPLE BERRY

Mixed Berries, Milk, Yoghurt\*, Honey S 1206kJ M 1508kJ L 1810kJ

### **TROPBANANA**

Banana, Milk, Yoghurt\*, Honey S 1324kJ M 1655kJ L 1986kJ

### **CREATE YOUR OWN**

Choice of 2 Menu Ingredients + Yoghurt\* & Honey

# **PROTEIN SHAKES**

VEGAN PROTEIN OPTION +\$1.50

SHAKE 2

Banana, Milk, Honey, Protein

## s**\$7**<sup>50</sup>

м\$850



### SHAKE 1

Coconut Water, Blueberry, Protein M 687kJ ∟824kJ

### SHAKE 4

Avocado, Raw Almond, Milk, Honey, Protein s 1521kJ M 1901kJ L 2281kJ

### SHAKE 5

s 1087kJ M 1359kJ L 1631kJ

Banana, Mango, Yoghurt, Milk, Honey, Protein s 1062kJ M 1327kJ L 1592kJ

### SHAKE 3

Strawberry, Banana, Milk, Honey, Protein S 990kJ M 1238kJ L1486kJ

### SHAKE 6

Coconut Water, Banana, Hazelnut, Protein M 1095kJ L1314kJ

### **BIG HIT SHAKE**

Espresso, Hazelnut, Coconut Water, Protein

### м **\$9**

м 1065kJ

### CACAO SHAKE

Raw Cacao, Almond Milk, Banana, Raw Almond, Protein

### м **\$9**

м **1439kJ** 

All drinks are served chilled with ice. \*Dairy free yoghurt available, see 'extras'.



### **LITRE BOTTLES**

Any juice or smoothie served in a take home 1 litre bottle

\$12

\$1250

**\$12** 

MENU JUICE

SM00THIES

ORANGE JUICE 1880kJ

# **FRAPPES**

### **AÇAI CRUSH**

Açai Berry,
Pineapple, Banana, Ice
s 788kJ м 985kJ ∟ 1182kJ

### **COOL BREEZE**

Coconut Water,
Banana, Blueberry, Ice
M 647kJ L 776kJ

### **GOLD CRUSH**

Mango, Pineapple,
Banana, Passionfruit, Ice
S679kJ M849kJ L1019kJ

#### MINTY FRESH

Pineapple, Mint, Lime, Ice S 328kJ M 410kJ L 492kJ

### PINE BERRY

Strawberry, Orange, Watermelon, Ice S 330kJ M 413kJ L 496kJ

### TWO SEASONS

Mango, Strawberry,
Apple, Ice
s 377kJ M 471kJ L 565kJ

### **BREAKFAST**

### BIG BREAKFAST BLEND

Banana, Almond Milk, Honey, Raw Almond, Toasted Muesli

DAIRY FREE •
 M 3240kJ

#### BRAZILIAN BLEND

Açai Berry, Apple, Banana, Toasted Muesli

DAIRY FREE •
 M 1810kJ

### BREAKFAST SMOOSLIE

Coconut Water, Honey, Yoghurt\*, Toasted Muesli, Strawberry or Your Choice Of Fruit

м**2275kJ** 

### **SUPER FOODS**

#### açai Bowi

Açai Berry, Banana, Fresh Apple Juice, Strawberry, Boysenberry, Toasted Muesli (with seasonal toppings)

> • DAIRY FREE • L 1820kJ

> > ւ\$12

### QUINOA MANGO GREEN SHAKE

Kale, Spinach/Chard, Mango, Banana, Quinoa Flakes, Coconut Water

DAIRY FREE •
 M 1420kJ

м\$9

### YOGHURT CHIA PUDDING

Yoghurt (54% Milk), Almond Milk, Granola, Chia Seeds, Banana, Strawberry

s **2570kJ** 

s\$790

### **EXTRAS**

Dairy Free Yoghurt Scoop

\$250

Substitute For Almond Milk, Soy Milk or Coconut Water

\$150

Extra Scoop of Your Favourite Ingredient

\$150

# DETOX COLD PRESSED SHOTS (30ml

WHEATGRASS
GINGER
KALE, CUCUMBER, PINK SALT
WATERCRESS, LEMON

ıL)

40kJ

23kJ

22kJ 34kJ

We can't wait for you to try our fantastic range of Fruit Salads, Yoghurts, Choc Dipped Fruit, Garden Salads and more! All made from only the freshest, best quality produce and natural ingredients!

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