



OYSTERS & SPARKLING

OYSTERS

freshly shucked
natural or kilpatrick

\$3.00 ea | \$18 1/2 doz | \$36 doz
w fresh lemon & shallot vinaigrette

MOET & CHANDON NV

\$99 (BTL)

VEUVE CLICQUOT NV

\$140 (BTL)

CHANDON BRUT

Yarra Valley, Vic

\$12 | \$52 (GLS/BTL)



LIGHTER

HELM MARINATED OLIVES VE,GF (9)

CHEESE PLATE V (25)

daily selection of 3 cheeses w crackers & seasonal fruit

HUMMUS V (10)

w dukkah & toasted sourdough
GF bread available (5)

SALT & PEPPER CALAMARI (16)

w fresh lemon & aioli

HELM BUFFALO WINGS (16)

w choice of blue cheese, ranch or spicy buffalo sauce

TRUFFLED MUSHROOM & PARMESAN ARANCINI V (16)

SEAFOOD CHOWDER (18)

new england style w toasted sourdough

MUSSELS ITALIANO (25)

w a rich tomato & basil sauce, chilli & toasted sourdough

PASTA

SPAGHETTI AMATRICIANA (22)

garlic, chilli, tomato, smoked speck & parmesan

BLUE SWIMMER CRAB LINGUINE (27)

garlic, chilli, tomato & pangrattato crumb w lemon

PESTO GNOCCHI V (28)

basil pesto, parmesan & EV00

SALADS

CLASSIC CAESAR SALAD (19)

w cos, bacon, anchovies, parmesan, egg & croutons

CAPRESE SALAD V,GF (22)

w mixed tomatoes, buffalo mozzarella,
basil pesto & EV00

SUPER SALAD VE,GF (18)

w kale, carrot, sunflower seeds, sweet potato,
tomato, spanish onion, chickpeas, feta
& a vinaigrette dressing

GRILLED HALOUMI SALAD V,GF (23)

w grilled zucchini, tomato, cucumber, spanish onion,
spinach, rocket, mint, pinenuts & a vinaigrette dressing

add avocado (4), bulgarian feta (4), chicken (5),
haloumi (5)

BURGERS

CLASSIC BEEF BURGER & CHIPS (22)

w cheese, lettuce, tomato, pickles & 'Helm' special sauce

GRILLED CHICKEN BURGER & CHIPS (21)

w cheese, lettuce, tomato & peri peri mayo

add extra beef patty (4) extra chicken (4), bacon (2), extra
cheese (1)

HALOUMI BURGER & CHIPS (18)

w grilled haloumi & zucchini, tomato, rocket
& mint yoghurt sauce

Naked Burgers available

Please order at the bar or via the beacon on your table for contactless service

V = Vegetarian | VE = Vegan | GF = Gluten Free

We are unable to guarantee our dishes are free from traces of gluten, nuts, oils or shellfish

10% surcharge on public holidays | 1.5% surcharge on all credit cards

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PIZZA

GARLIC PIZZA V (12)

MARGHERITA V (22)

buffalo mozzarella, cherry tomatoes & fresh basil

DIAVOLA (25)

spicy pepperoni, buffalo mozzarella, parmesan & chilli oil

PROSCIUTTO (25)

prosciutto, parmesan, buffalo mozzarella & rocket

GAMBERONE (27)

marinated prawns, chilli oil, tomato, buffalo mozzarella & rocket

CAPRICCIOSA (24)

ham, mushroom, artichoke, garlic, olives & buffalo mozzarella

GLUTEN FREE BASES AVAILABLE (ADD 5)

CLASSICS

BEER BATTERED FISH & CHIPS (24)

barramundi fillet, lemon & tartare

SEAFOOD BASKET (32)

panko prawns, salt & pepper calamari, beer battered fish, chips, tartare sauce & fresh lemon

GRILLED BARRAMUNDI FILLET (28)

w mesclun salad, chips & lemon

CHICKEN SCHNITZEL (24)

w mesclun salad, chips & jus
add parmigiana (4)

250GM SIRLOIN STEAK GF (26)

south coast pasture raised beef
w mesclun salad & choice of sauce
add chips (5)

sauses GF: pepper, mushroom, red wine jus or garlic butter

SIDES

CHIPS W AIOLI V (8)

TOASTED SOURDOUGH VE (6)

ROCKET & PARMESAN SALAD GF,V (10)

DESSERT

AFFOGATO (10)

w vanilla ice cream & a shot of hot espresso

w your choice of Baileys, Amaretto, Frangelico or Kahlua (18+ only) (add 7)

WARM TRIPLE CHOCOLATE BROWNIE (14)

w vanilla ice cream, chocolate sauce & fresh strawberries

ICE CREAM SANDWICH (7)

vanilla lace, double chocolate, strawberry choc-chip

LITTLE SAILORS (12)

(12yrs and under)

CHEESE PIZZA V

CHICKEN TENDERLOINS & CHIPS

FISH & CHIPS

VANILLA ICE CREAM SCOOP (3)

w chocolate sauce & sprinkles (per scoop)

HOST YOUR NEXT EVENT WITH US!

We have capacity for groups of 10 or 108 people for corporate events.

Bookings: functions@helmlbar.com.au or (02) 9290 1571

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